



Colour _____
 Photo _____
 Attached _____
 Here _____

Name: _____

Date of Birth: _____

Signs & Symptoms: _____

Identified Triggers: _____

Management: _____

Preventer and Reliever Medicine Details:

Family Emergency Contacts Name :

Work Ph: _____

Home Ph: _____

Mobile Ph: _____

Plan prepared by:

DR: _____

Sign: _____

Date : _____

Medical Management & Action Plan

ASTHMA

ASTHMA EMERGENCY ACTION PLAN

What to do if an ASTHMA attack occurs

Sit the child down and remain CALM and REASSURING.

Do not leave the child alone

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Shake a blue reliever puffer and give 4 separate puffs through a spacer.

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Wait for 4 minutes. If there is no improvement:

Shake a blue reliever puffer and give 4 separate puffs through a spacer.

↓

Wait for 4 minutes

↓

If there is STILL NO improvement, call an AMBULANCE (000) and state

“A child is having an asthma attack”.

Then call **PARENT/CARER** or **CHILD’S DOCTOR** while **WAITING** for the **AMBULANCE.**

CALL AN AMBULANCE IMMEDIATELY

- If at any time the child’s condition suddenly worsens

Contact KCA Management to inform them of the Emergency.

PUFFER NOTES:

Reliever puffers may include: Ventolin, Airomir, Asmol or Epaq

Spacer Technique: Give 1 puff, take 4 breaths from the spacer, repeat

until 4 puffs have been given

A Medical Authorisation Need to be filled out for each Medication Listed